

Genius Insight Software
Training Manual
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Introduction

The Genius Insight Software is a quantum biofeedback technology. It is designed to test the energy field. No claims are made of diagnosis of any physical condition and the frequencies generated are not claimed to cure any condition.

The basic concept behind the software is that it provides a means of assessing your vibrational frequency. This is done through the voice analysis and also through the picture and date of birth. This assessed frequency is then compared to other frequencies that have been programmed into the software. The result of this comparison is a score. This score will be between 0 and 777, a scale that was chosen by the developer.

Certain scores indicate reactivity. These reactivity scores are generally below 100 and above 600. Reactivity tells us that there is some degree of disharmony between the person (or animal) being tested and the particular frequency being tested. Examples of these frequencies include vitamin C, magnesium, the immune system, or the spleen meridian.

A score above 600 is generally associated with inflammation and the Chinese medicine concept of “heat”. High scores are generally also associated with more acute issues or issues that are more superficial. Low scores, below 100, are associated with issues that are more chronic. They are also associated with the Chinese medicine concepts of stagnation and depletion. Lower number scores can be associated with more long-term issues that are of more depth. From this perspective, you may want to focus on lower numbered items, as these are items that need much work. They are the areas of most compressed energy. The goal of quantum biofeedback is to open that energy and to create flow.

In Herring’s law of cure, disease is considered to heal in the body from the top down and also from the inside (depth) to the outside (superficial). This philosophy of healing indicates that issues that are chronic can proceed to acute issues in the process of healing. You may, then, see some issues go from a very low number, to a very high number, in the process of healing.

Once a session has completed the time selected, you may want to review the % of rectification. Consider anything over 50% as being reasonably complete for that session. An ideal number is 70% but is not necessary to achieve in order to experience positive effects of biofeedback.

In the realm of quantum biofeedback, we consider many things to be part of the “field” and therefore important to consider. For example, the person testing is part of the field as is the client being tested. This is important. This means that this is a living, interactive, alive process. The person who is looking (the tester or practitioner) will alter the field. This means that their intention and the energy they bring with them is important. This is true of the person being tested (the client). When your intention is very clear, it is possible that the results and the impact of the session may be stronger.

With quantum biofeedback, your intuition is as important as your understanding of the mechanics of the Genius itself. It is OK for you to feel drawn to certain screens to balance for

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yourself or for your client. It is OK for you to use more categories or fewer ones in your balancing tray. Allow your own personal style to be developed, your own personal way or preferences in testing to come through and it is likely you will get excellent results.

The Genius can be used in person or long-distance. Because the carrier wave of the Genius is the Schumann resonance, it is possible for you to send frequencies to anyone, anywhere in the world at anytime. You can be live in person with your client, you can do long-distance sessions via Skype or FaceTime. You can even do a long-distance session when the person is not on the phone or on Skype, but you do their session and then send them the results later. In other words, you have their permission, but work on them anytime and let them know that the session is complete. With all of these different ways of sending the frequencies, it is possible for the client or receiver of the frequencies to be positively affected and changed by those frequencies.

System overview

The system overview tests for imbalances in 3 areas. These include the Biofield, the Mind and the Body. Within these areas are subcategories that have separate screens, such as the digestion, body systems, essential oils and more.

Items that are in red or blue represent areas that are showing reactivity when compared to your vibrational frequency. When you run these frequencies, the goal is to reduce that reactivity. The impact of reduced reactivity should be more relaxation and improved feelings of vitality.

This system overview is a general snapshot that looks at all of the categories compared to each other. It asks the question, "in comparison to these other categories, which one is likely the priority to balance today." However, this does not mean that you will not find items to balance in the other categories. You inevitably will and you should explore the screens that are of interest to you.

The general range for frequencies to select for inclusion into the Main Hold tray is anywhere from 1-50. A good sweet spot is about 20-30. However, you can select as many or as few as you would like. A number of 20-30 items gives you enough frequencies to do a good global balancing for that day, but also to see what items rise to the top as the significant priority items to be balanced.

General overview

You can scan the entire matrix, including every item in all the screens (except for Custom Libraries) and discover the top items in the entire program. You can tap on "General Overview" at the top a 2nd time and it will switch the ranking to the lowest items up to the highest items.

The advantage of looking at the entire matrix at one time is that you can see the very highest priority items that rise to the top at the high scores (inflammation) and the ones that are at the very lowest scores (stagnation). Balancing the items that have the most reactivity (the lowest or the highest scores) will have the most impact. By going through all items in the program, you have the advantage of getting to the top most reactive items.

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One balancing strategy here would be to select the top 10 highest items and the top 10 lowest items and place them in the Main Hold tray for balancing.

It is also helpful to look for patterns or common themes in the highest and lowest items. Often you will see repetitive issues, like issues of viruses, parasite, bladder or kidney issues, or others in many of the high and low items. Quantum biofeedback has value because you can balance and clear many things, but also because it raises your level of awareness about what is going on. Use the results in the General Overview to raise that awareness.

Voice recording

It is recommended to record your voice before each session. When working on someone else, it is fine to receive a voice recording, for example by voice message or any other way. You can record the voice over the phone, via Skype or by any other means. The Genius has a sophisticated voice analysis mechanism. It establishes the frequency of your voice, which is then compared to other frequencies in order to come up with the scores and colors in the program.

Taking a picture

Pictures of people hold very powerful energetic resonances. If you want to take the picture live and include it, that is a great strategy and will add to your results in scanning someone. You can also upload a picture that someone sends to you. You can take a picture via FaceTime or Skype as well.

Beginning a session

To begin a session, enter the name, date of birth and select next. Be sure to enter the symptoms of the person you are testing and then select save. You now move on to the entry of the picture and the voice. Once inside the program, select Begin Analysis and then review the items in System Overview. Select the items in red and blue and drag them to the Main Hold tray. Choose any of the screens you would like to test. Then, add those items that are in red and blue in those screens into the Main hold tray. From the Main Hold Tray, set the timer for 10 minutes. Then, select the play button and you will be directed to the Progressive Insights.

Quick Zap

The Quick Zap tray is designed as a place to balance 1 or a few items. This is when you want to focus on one particular issue or focus on entraining into your energy field one particular remedy. This can be a powerful strategy. Balancing just 1 item for 1-5 minutes can lead to quickly entraining that frequency into the energy field. This is because of the singular focus on that item.

Main Hold Tray

The Main Hold Tray is meant for a global balancing that includes a number of frequencies. Anywhere from 5-50 frequencies will work just fine, with a sweet spot being somewhere

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between 20-50 frequencies. Placing items in the Main Hold Tray is a way to collect a number of frequencies from a variety of categories. Eventually the items in the tray will be transferred to the Progressive Insights screen. In that screen, they will be re-tested in comparison to each other for the items of highest priority.

Progressive Insights

Progressive Insights is a place where you get to re-test all the items you have selected. All the items you deemed important are now compared to other items. The highest priority items in red are the most important and the sessions are weighted towards those.

Choose "Select All" or individually select the items that are in "red" and then choose PLAY.

You receive the Genius tones automatically, just by having them generated as the play function runs. You can listen to them or not listen to them. If you choose to listen to them, consider choosing the Enhanced Layering Technology and experience the binaural beat technology. This can enhance your experience of the Genius Insight Tones.

Running your session for about 10 minutes a day is sufficient and builds a momentum with daily use that is beneficial. However, it is perfectly fine to balance more each day or to do several sessions at a time. It is advisable not to "overdo" but you are the best person to judge that and most people sense when it has been enough for that particular session or day. If you do a lot of balancing, remember to drink plenty of water and consider getting an electrolyte drink as an option.

Rectification Percentages (Harmony, Alignment, Energy Flow)

After you run the Genius for the selected time, you will see several percentage scores. These scores indicate how much the energy field has entrained (or assimilated) those frequencies. A good goal for any session is 50% rectification overall. However, sometimes there are blocks which keep us from moving higher in the numbers. There is no need to focus exclusively on the numbers, but allow those percentages to be a general guide.

Knowing what to balance

Many people experience confusion in not knowing what to balance or how many things to balance. A good guide is to work in 3's. Select 3 categories that you will balance for any one session. A helpful screen to always analyze and include is the Emotions screen. This is because so many issues we have are related to unresolved emotions or wounds we have not healed. Running the emotions panel means that we are able to actively move energy into those stuck places and reduce the reactivity we are experiencing in relation to those emotions. This can be very helpful!

One strategy would be balancing Emotions, Chakras and Meridians. These are all powerful places in the energy field to open up and clear energy. Run all these screens and include the reds and the blues in each of these areas in the Main Hold tray. If there are too many items that

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come up in any one category, consider choosing just the top 3 items in red and top 3 items in blue to place in the balancing tray. The ideas time for a session is between 5-15 minutes, done either daily or 3-5 times per week.

Neuro Remedy

To access the Neuro Remedy, go to the navigation bar at the top right of the screen and scroll down to find it. This function turns any sound recording into a powerful healing signal. You can use your voice, along with an affirming script or series of affirmations that you speak during the recording time. You could add your recording or musical instruments, of you singing or chanting as well. You can record any musical recording, such as that of spiritual music, didgeridoo or anything that appeals to you.

To use the Neuro Remedy, select the + sign at the top right. Type in the name you want to associate with this. Press the record button at the bottom right. Record for as long as you want, up to 90 seconds. Select save when finished. Then tap Begin Analysis. Scroll the yellow ball, which is the timer, from left to right to select your desired time to balance. Hit the play button to the right for the Neuro Remedy you want to play at that time. Suggested time for the session is about 3-5 minutes.

Body systems

Immune - the immune system is the body's protection against illness. When you see the immune system, consider that something may be challenging the immune system, such as a food sensitivity. There also could be an underlying infection. These include possible bacteria, viruses, parasites and others.

Respiratory - The respiratory system includes the lungs, bronchi, bronchioles, alveoli and more. This system keeps the body oxygenated and also helps to eliminate carbon dioxide. When you see the respiratory system showing reactivity, think of proper breathing exercises and ask them or even watch how they breathe. Is it shallow? Deep? They may have lung issues, a lung infection or postural issues that are causing their respiratory system to be out of balance. Also, ask them if they use an air filter at home. Do they have pets? Do they change their mattress and pillow somewhat regularly or do they have dust covers for these items to prevent and products.

Lymphatic - The lymphatic system is part of the immune system. It circulates fluid around the body but has no pump. This fluid includes metabolic waste from the cells. It is presented to various lymph nodes along the way as well as lymphatic tissue in order to clear any viruses or bacteria from the system.

When you see reactivity in the lymphatic system, consider that an underlying infection or stress on the immune system may be present. Also, remember that walking, stretching, skin brushing and rebound all help to greatly improve the

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healthy movement in the lymphatic system. Drinking plenty of water and even colonic hydrotherapy are also powerful ways of moving the lymphatic system.

Integumentary - The integumentary system generally refers to the skin. If you see the integumentary system showing reactivity, ask about any particular skin conditions. Also, encourage them to skin brush and do some form of sweating to clear the skin. Hydrating is also very important.

Digestive - The digestive system is a core consideration for healing any condition! The digestive system assists in the breakdown and assimilation of food. Any stress on the digestive system can lead to stress in many other parts of the body. When the digestive system show reactivity, consider it to be one of the most important frequencies to balance. Ask the client, do they relax before eating, do they avoid their food allergens and processed food? Remind them to chew their food properly and drink only sips with your meals. Get hydrated 1 hour after meals or 30 minutes before meals. It is important to chew your food about 21 times before swallowing for good digestion. The digestive system includes the mouth, esophagus, stomach, small intestine, large intestine and accessory organs including the liver and pancreas.

Circulatory - the circulatory system brings the blood to the cells of the body. It includes the heart, the arteries, veins and all other vessels along with the capillaries. Small capillaries bring the blood to the cells and pick up the waste products in order to return the carbon dioxide to the heart and eventually the lungs.

If you see reactivity in the circulatory system, it is important to balance it. Circulation is one of the most important functions of the body and it is crucial for it to stay healthy. Use the circulatory system if someone has a heart condition, high blood pressure or high cholesterol. You can often see signs of a poor circulatory system. These include sores that do not heal, slow healing of wounds or even the presence of hemangiomas.

Nervous - the nervous system is the system that helps impulses to flow from your brain to muscles, organs and glands. When someone is running, or they are afraid, our sympathetic nervous system goes into high gear. During these times, the blood pressure may go up along with the blood sugar. With a balanced life, when the stressful event is over, the person will switch back to parasympathetic mode. In this phase of the nervous system, we begin to become calm, blood pressure goes down and digestive juices can flow. Hormonal production can happen in parasympathic mode.

When you see reactivity in the nervous system area, it may mean that there is an imbalance in the sympathetic nervous system. There could also be compression of nerves or an imbalance in the firing of the nerves to the organs, muscles or glands. Examples of problems with the nervous system include Parkinson's and Multiple Sclerosis.